

WHAT IS CLAIMED IS:

1. A recording medium which has at least one zone storing at least one lookup table comprising an edge shift value of leading and trailing recording pulses.

5 2. A recording medium according to claim 1, wherein a plurality of zones are provided.

10 3. A recording medium according to claim 1, wherein said lookup table is a list of values which are determined by combinations of a length $M(n)$ of a mark being currently written and a length $S(n-1)$ of a space precedent to the mark and which can be positive or negative.

15 4. A recording medium which is used for the information recording apparatus which has a plurality of timing adjusting means, said recording medium having at least one zone storing information indicative of which of said plurality of timing adjusting means would be used for.

5. A recording medium according to claim 4, wherein a plurality of zones are provided.

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